

**Lake Ridge Academy  
Varsity Cross Country Schedule  
2022-2023**

<b>DATE</b>	<b>TIME</b>	<b>OPPONENT</b>	<b>LOCATION</b>
8/22/22	5:30 pm	@ Keystone Icebreaker	@ Lorain County Equestrian Ctr.
8/27/22	9:00 am	@ Kenston Inv.	@ Kenston HS
9/3/22	10:00 am	@ Avon Lake Early Bird	@ LCCC
9/9/22	5:00 pm	@ Pursuit of Pride	@ Lawrence Upper School
9/13/22	5:00 pm	Andrews Osborne	Lake Ridge Academy
9/24/22	10:00 am	@ JB Firestone Inv.	@ Black River HS
9/30/22	5:00 pm	@ Gilmour Inv.	@ Gilmour Academy
10/8/22	10:00 am	@ Medina XC Festival	@ Ella Canavan Elementary
10/13/22	5:00 pm	@ LEC Championship	@ Lawrence Upper School
10/22/22	TBA	@ OHSAA District	@ Ella Canavan Elementary