

**Lake Ridge Academy
Middle School Cross Country Schedule
2022-2023**

DATE	TIME	OPPONENT	LOCATION
8/23/22	4:30 pm	@ Keystone Icebreaker	@ Lorain County Equestrian Ctr.
9/3/22	8:00 am	@ Avon Lake Early Bird	@ LCCC
9/13/22	4:00 pm	Firestone	Lake Ridge Academy
9/24/22	11:30 am	@ JB Firestone Inv.	@ Black River HS
10/8/22	10:00 am	@ Medina XC Festival	@ Ella Canavan Elementary